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CARDIOVASCULAR
INSTITUTE®**

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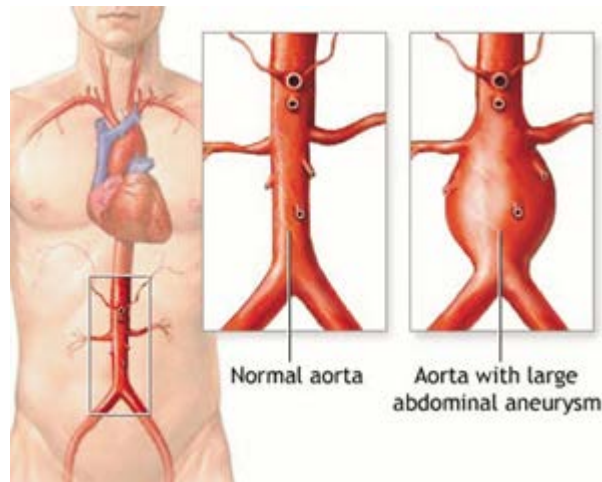
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PATIENT PREPARATION & INSTRUCTIONS



- **Aorta Duplex**

Ultrasound of the Aorta, which is the direct visualization of the main artery that carries blood away from the heart to the legs, is often the site of bulging or dilatation. Aortic Aneurysm's, better known as AAA, is a stretching or weakening of the arterial wall. This stretching or weakening of the vessel makes the artery susceptible to rupture.

- **Because there are certain risk factors associated with AAA such as:**

Family History, High Cholesterol, Poor Diet, Emphysema, Heart Disease, PAD, Smoking, and High Blood pressure, your doctor may order an ultrasound to check for AAA.

- **Patient Preparation for Aorta Ultrasound:**

Nothing to eat or drink after midnight or 8 hours before testing. You may take all medicines with water only, no carbonated, sweetened, or caffeinated beverages these could possibly interfere with test results.

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