



# FIRST COAST CARDIOVASCULAR INSTITUTE

## Venous Doppler & Ultrasound Instructions:

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

### Arrival Time:

It is essential for you to be on time for your appointment. If you are late, you will have to be rescheduled. It is very important that you try to keep your scheduled appointment if at all possible. If you are unable to keep your appointment, please notify our office at least 24 hours in advance. New patients should arrive at least 20 minutes prior to your appointment to fill out paper work. **This test will take approximately one hour.**

### Clothing:

1. We recommend that you wear a **2-piece outfit.**

### Medication:

You are allowed to take any medications as directed by your physician.

### About your venous ultrasound exam:

The purpose of this test is to determine if you have any blood clots in your veins. The technologist will also check your valves to rule out insufficiency if ordered by your physician. When you first arrive the technologist will ask you to remove either your shirt, if doing arms, or pants if doing legs. You may leave your undergarments on. While you are lying on your back, the technologist will perform a number of compressions with and ultrasound probe up and down the venous system. Some of these compressions may be painful, but will last only for a second. Once all of the main veins are interrogated, they will move on to the Doppler portion of the test to check for valvular insufficiency. Images will be obtained and stored on DVD for our physicians to interpret. Final reports will be faxed to your primary care physician.

**You will not receive the results of your test from the technologist. You can get your results from your primary care physician or with a follow up with our Cardiologists.**