



FIRST COAST CARDIOVASCULAR INSTITUTE

ABDOMINAL ULTRASOUND INSTRUCTIONS

Patient Name: _____

Test Date: _____ Appointment Time: _____

Arrival Time:

It is essential for you to be on time for your appointment. If you are late, you will have to be rescheduled. It is very important that you try to keep your scheduled appointment if at all possible. If you are unable to keep your appointment, please notify our office at least 24 hours in advance.

New patients should arrive at least 20 minutes prior to your appointment to fill out paper work.

Eating:

1. It is necessary that you **do not eat or drink past midnight**. Doing so will cause your test to be rescheduled.
2. **Note:** You are allowed to drink a small amount of water or juice if you take medication in the morning

Clothing:

1. We recommend that you wear a loose 2-piece outfit.
2. Please refrain from wearing dresses or tight pants.

Medication:

You are allowed to take any medications as directed by your physician.

About your Abdominal Ultrasound:

The purpose of this test is to determine if you have an abdominal aortic aneurysm, or AAA . If this test was scheduled for you, your physician possibly heard a loud noise in your stomach often called a bruit. Sometimes that can suggest an AAA. The technologist will have you lying flat for this exam, if you are unable to lie flat for an extended period of time, please inform our staff immediately and we will take certain steps to accommodate your needs. Images will be obtained using ultrasound on your stomach down past your belly button. Images will be stored on DVD and interpreted by one of our physicians.

Note: If you are unable to lie flat on your back, we may have to find some other form of testing for you to have.

You will not receive the results of your test from the technologist. You can get your results from your primary care physician or with a follow up with our Cardiologists.

This test will take approximately 30-45minutes.